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WE NEED TO TALK ABOUT KEVIN

Twitter in an uproar on how he came out of the closet. 16

Scary good Halloween parties. 18

Who are Paul Manafort and Rick Gates? 22

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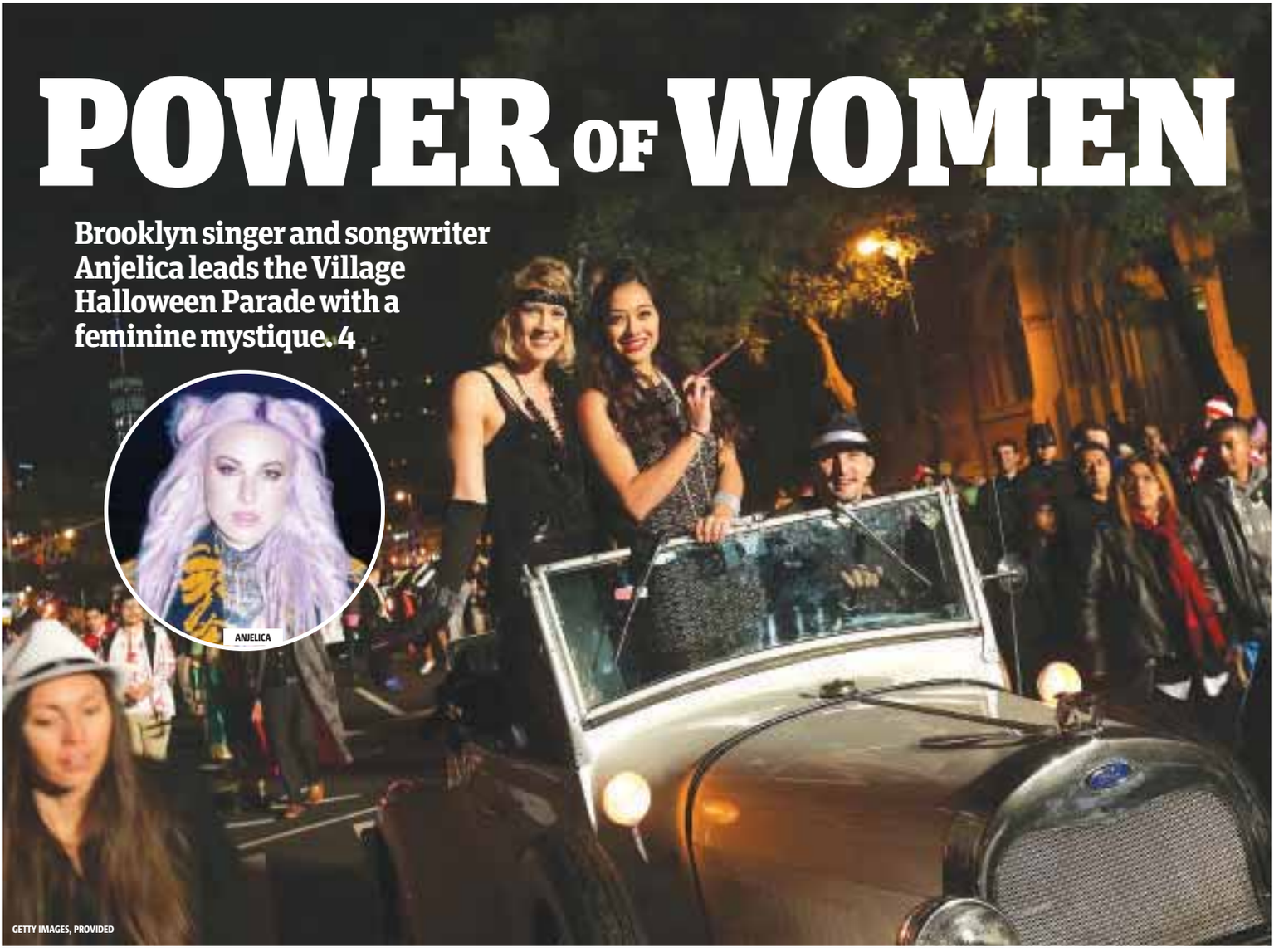
POWER OF WOMEN

Brooklyn singer and songwriter Anjelica leads the Village Halloween Parade with a feminine mystique. 4

ANJELICA



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NIKKI M. MASCALI, REPORTER

Imagine finding a spot where the noise of the city is isolated to reveal an eagle-eyed view of some of NYC's most iconic landmarks. Enter "Flatiron Reflection," the winning installation of the Flatiron/23rd Street Partnership Business Improvement District and Van Alen Institute's fourth annual holiday design competition. Designed by Future Expansion, "Flatiron Reflection" consists of reflective tubes with nooks along its perimeter and an open place at its center that fans out like a stage to reveal landmarks near Madison Square Park.

US CAPTURES SUSPECTED BENGHAZI MILITANT

1 U.S. forces have captured a militant who is believed to have played a role in a 2012 attack on a U.S. diplomatic compound in Benghazi, Libya, that killed U.S. Ambassador Christopher Stevens and three other Americans, U.S. officials said on Monday. The officials, speaking on the condition of anonymity, said that U.S. Special Operation Forces captured the militant in Libya in the past few days. Two of the officials identified him as Mustafa al-Imam and said he had played a role in the attack and the ambassador's death. The officials said the man was now in the custody of the Department of Justice and being transported back to the United States by the military. They added that the operation was authorized by President Donald Trump and had notified the U.N.-backed Government of National Accord.

JUDGE BLOCKS MILITARY TRANSGENDER BAN

2 A federal judge in Washington on Monday blocked President Donald Trump from banning transgender people from serving in the U.S. military, handing a victory to transgender service members who accused the president of violating their constitutional rights. Trump announced in July that he would ban transgender people from the military in a move that would reverse Democratic former President Barack Obama's policy of accepting them and halt years of efforts to eliminate barriers to military service based on sexual orientation or gender identity. The transgender service members sued in August to try to block the ban, which had not yet gone into effect, and U.S. District Judge Colleen Kollar-Kotelly granted them an injunction halting enforcement of it until their case is resolved.

5 THINGS YOU NEED TO KNOW

CHARGED IN RUSSIA PROBE

3 Paul Manafort, former campaign manager for Donald Trump, left, exits the U.S. Courthouse in Washington, D.C., on Monday. The federal investigation into whether President Trump's campaign colluded with Russia took a major turn Monday as authorities charged three people, a former campaign chief, his business associate and an ex-policy adviser — with crimes including money laundering, lying to the FBI and conspiracy. *For more, see page 14.*

GETTY IMAGES

SIX KILLED AS ISRAEL DESTROYS GAZA TUNNEL

4 Six Palestinian militants were killed on Monday when Israel blew up what it said was a tunnel being dug across the Gaza Strip border. A source for the Islamic Jihad militant group said Arafat Abu Marshould, head of the faction's armed wing in central Gaza, was killed along with a senior associate and two other gunmen. The group said it had put its fighters on "full alert." The armed wing of the Islamist Hamas group said two of its gunmen were killed while trying to rescue Islamic Jihad men working in the tunnel. Gaza health officials said nine people were wounded. Israeli Prime Minister Benjamin Netanyahu, in remarks to legislators of his right-wing Likud party, said "groundbreaking technology" aided the tunnel's discovery, but gave no details.

UN: CO2 LEVELS GREW AT RECORD PACE IN 2016

5 The amount of carbon dioxide in the earth's atmosphere grew at a record rate in 2016 to a level not seen for millions of years, potentially fuelling a 65.6 foot rise in sea levels and adding 3 degrees to temperatures, the United Nations said. Atmospheric concentrations of carbon dioxide (CO_2), the main man-made greenhouse gas, hit 403.3 parts per million (ppm), up from 400.0 in 2015, the U.N. World Meteorological Organization said in its annual Greenhouse Gas Bulletin. That growth rate was 50 percent faster than the average over the past decade, driving CO_2 levels 45 percent above pre-industrial levels and further outside the range of 180-280 ppm seen in recent cycles of ice ages and warmer periods.

POLL

A new poll out this week from NPR finds that 60 percent of black Americans say they or a family member have been unfairly stopped or treated by police because they are black.

60%

Source: NPR, the Robert Wood Johnson Foundation and the Harvard T.H. Chan School of Public Health.

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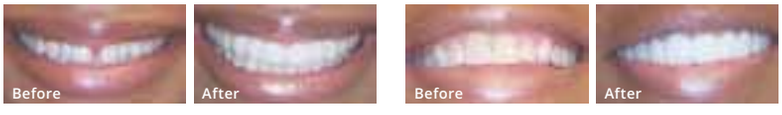

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Feminine mystique on the march

Brooklyn singer/songwriter Anjelica leads a Village Halloween Parade dedicated to the power of women.

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The real world hasn't been kind to women in 2017 — so this year's Halloween parade will be dedicated to them.

The 44th edition of the Village Halloween Parade will be led by Brooklyn-based singer-songwriter Anjelica (@i.am.anjelica on Instagram), whose idea for a float dedicated to women won her the coveted role of grand marshal.

"It's such a big moment in time right now when women need to stick together, almost like in a coven sense where we all come together and are magical with each other and make magical things happen," says the Williamsburg singer/songwriter.

And it's quite the coven of powerful women who's been assembled to lead the annual procession. The Village parade traditionally chooses an emerging artist to lead it — Anjelica has been performing since age 6 and will release her first album in the next year — and will be joined on her float by DJ Olivia Dope, Instagram's mystic diva @thehoodwitch (aka Bri Luna), and fashion PR maven Kelly Cutrone.

Besides the opportunity to perform in front of hundreds of thousands of spectators along the route — she'll be singing for the entire two-hour parade, Anjelica also relished the creative opportunity to design her own float.

It's the first New Orleans-style float in the parade's history, designed by Alexei Kazantsev. "He's from New Orleans and is a really amazing artist," she says. "He's never made a float before — he's usually a sculpture artist, he makes these beautiful, angelic, religious figures for churches all around the world."

Anjelica was chosen as grand marshal of the 2017 Village Halloween Parade for her float idea embodying the divine feminine. PROVIDED

The non-denominational float's theme is Spiritual Warriors, a calling she lives by: "My name, Anjelica, was something given to me during an experience I had in deep meditation in Joshua Tree," she explains. "The divine cosmic mother came to me and told that my name was to be Anjelica and I had to do certain things in order to be able to have this name and own this name."

Instead of wearing a costume, Anjelica describes her outfit as "stripping down to who I really am." For her, and the women she's celebrating with, Halloween is not an opportunity to be someone else — it's a chance to be their authentic selves.

"I really hope to inspire women especially, but everyone to be themselves and to be seen," she says.

"This is a really big coming out moment for me, and I think that's everyone's struggle: allowing themselves to be seen as who they are and not worrying about being judged for being a little weird."

> ***"It's such a big moment in time right now when women need to stick together, almost like in a coven sense."***
>
> Anjelica

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[1] Rent includes gas for cooking.
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[3] Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.
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How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application **by mail, send a self-addressed envelope to: 229 Cherry Street, c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **January 2, 2018**. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español Presente una solicitud en línea en nyc.gov/housingconnect. Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: **229 Cherry Street, c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418.** En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de **2 de enero 2018.**

简体中文 访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的简体中文版，请将您的回邮信封寄送至：**229 Cherry Street, c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418.**信封背面请用英语注明"CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请 2018 年 1 月 2 日.

Русский Чтобы подать заявление через интернет, зайдите на сайт: nyc.gov/housingconnect. Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу **229 Cherry Street, c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418.** На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее **2 январь 2018.**

한국어 nyc.gov/housingconnect 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를 **229 Cherry Street, c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418.**으로 보내주십시오. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주십시오. 2018 년 1 월 2 일까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.

Kreyòl Ayisyien Aplike sou entènèt sou sitwèb nyc.gov/housingconnect. Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlòp ki gen adrès pou retounen li nan: **229 Cherry Street, c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418.** Nan dèyè anvlòp la, ekri mo "HATIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat **janvye 2, 2018.**

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5 New York Tuesday, October 31, 2017

NYPD cops plead not guilty to raping handcuffed Brooklyn teen

Two NYPD officers were charged Monday with raping a Brooklyn teenager after she was handcuffed and placed under arrest.

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Two NYPD officers have been charged with allegedly raping a Brooklyn teenager in a police van after they had handcuffed her and placed her under arrest, the Kings County District Attorney's office announced Monday.

Detectives Eddie Martins, 37, and Richard Hall, 33, who were both assigned to the NYPD Brooklyn South Narcotics Division, were arrested around 7 a.m. Monday in the confines of the 94th Precinct.

They were arraigned on a 50-count indictment, which included charges of first-degree rape, first-degree criminal sexual act, second-degree kidnapping, official misconduct, coercion, sex abuse and more.

According to the investigation, Martins and Hall were working on a team of plainclothes detectives with the narcotics division on Sept. 15, 2017, when they left their post and drove to Calvert Vaux Park in Gravesend, Brooklyn.

There, at around 8 p.m., the two stopped a car driven by an 18-year-old woman who was with two male passengers. The officers found marijuana in the front-seat cup holder and asked the woman if she had any drugs on her, to which she replied that she had marijuana and two Klonopin pills.

The detectives handcuffed her and told her she was under arrest, according to the investigation. The male passengers were allowed to leave and were told to pick her up from the precinct in three hours.

After leaving the park, Martins allegedly told the young woman that he and his partner were "freaks" and asked her "what she wanted to do to get out of the arrest," according to the DA's office. Martins allegedly then forced the handcuffed teen to perform a sex act on him while he was in the back of the van while Hall drove, reportedly watching through the rear view mirror. Martins then allegedly raped the teen.

After that, Martins and Hall stopped the van in Bay Ridge and switched places, prosecutors said. Martins was then behind the wheel and Hall in the backseat, where he allegedly forced the woman to perform a sex act on him.

The detectives drove back toward the 60th Precinct in Coney Island and told the teen to call her friends to say she was being let go. "They allegedly gave her back the Klonopin pills, told her to keep her mouth shut and released her," prosecutors said.

The woman told her friends what had happened and later that evening had a sexual assault evidence kit prepared at Maimonides Hospital. DNA recovered from her for that kit was a match to both of the defendants.

When the investigation into the incident began, Martins and Hall reportedly said the sex was consensual, the New York Daily News reported last September.

On Monday, both Martins and Hall pleaded not guilty.

Martins was ordered held on $250,000 bail and Hall was ordered held on $150,000 bail. Both were ordered to return to court on Jan. 18, 2018, and if convicted, they each face up to 25 years in prison, according to the DA's office.

"It is incomprehensible that two veteran NYPD detectives would allegedly commit such an outrageous act," acting Brooklyn District Attorney Eric Gonzalez said in a statement. "They took an oath to protect and serve, but allegedly violated that oath by raping a young woman who was in their custody. We will now seek to hold them accountable for this flagrant betrayal of public trust."

The two NYPD officers charged with raping a Brooklyn teenager have reportedly said the sex was consensual. ISTOCK

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"Flatiron Reflection" consists of reflective tubes and an open space that fans out to reveal the Flatiron Building, Empire State Building and other landmarks. FUTURE EXPANSION

Winning art installation to reflect on Flatiron District

Future Expansion's "Flatiron Reflection" offers a whole new view of iconic city landmarks — and a quiet oasis in the center of it all.

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Imagine finding a spot where the noise of the city is isolated to reveal an eagle-eyed view of some of New York City's most iconic landmarks.

Enter "Flatiron Reflection," the winning installation of the Flatiron/23rd Street Partnership Business Improvement District and Van Alen Institute's fourth annual holiday design competition.

Designed by Future Expansion, "Flatiron Reflection" consists of reflective tubes with nooks along its perimeter and an open place at its center that fans out like a stage to reveal the Flatiron Building, Empire State Building and other landmarks near Madison Square Park.

"The installation is designed for three scales of experience: The deeply creased exterior makes spaces for individuals; the interior room offers an intimate panorama for small groups; and the north-facing wedge presents a platform toward the plaza," Deirdre and Nicholas McDermott of Future Expansion said in a statement. "We hope that the installation opens new possibilities for interaction and experiences while reinforcing the pure public essence of the site."

The installation will be officially revealed on Nov. 20 at the North Public Plaza on Broadway at Fifth Avenue and 23rd Street. It will be open for viewing daily, weather permitting, through Jan. 1 as part of the "23 Days of Flatiron Cheer" programming.

Ten design and architecture firms submitted proposals for this year's competition, and Future Expansion's design was chosen by a jury with expertise in design and public art.

"'Flatiron Reflection' most certainly will become a destination for people who already are in love with Flatiron — or are visiting our neighborhood for the first time," said Jennifer Brown, executive director of the Flatiron/23rd Street Partnership.

Designed by Future Expansion, "Flatiron Reflection" was the winning bid for the Flatiron/23rd Street Partnership Business Improvement District and Van Alen Institute's fourth annual holiday design competition. FUTURE EXPANSION

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City to invest $145 million to protect the Rockaways from future storms

A rendering of the proposed Beach 88th Street Park, one of the seven resilience projects to help protect the Rockaways from future storms. PROVIDED

Mayor Bill de Blasio announced the resilience plans on the fifth anniversary of Hurricane Sandy.

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With coastal storms and flooding set to become more common, Mayor Bill de Blasio announced a $145 million investment to help protect the Rockaways.

The mayor made the announcement Sunday on the fifth anniversary of Hurricane Sandy, which wreaked havoc on New York City in 2012. The Rockaways in Queens were hit particularly hard, and the peninsula remains vulnerable to the impacts of climate change.

To help protect the area from future storms, the $145 million investment will fund up to seven resilience projects, each with the goal to "improve quality of life [and] build more resilient neighborhoods in the Rockaway peninsula that will be better prepared to withstand future flooding and coastal storms," the city announced.

"These investments are an important step forward for Rockaways residents, connecting them with parks and the waterfront, while helping shield them from future storms," de Blasio said in a statement. "The community will see a lot they will like in newly renovated parks, and will feel safer because of the flood protections that will be built in. New York is building this kind of smart infrastructure to fight climate change and inequality at the same time, so future generations will inherit a city that's more resilient and just."

The money for these projects is left over from the funds allotted for the Rockaway Boardwalk project, which came from the Federal Emergency Management Agency (FEMA). A total of $480 million was obligated for the boardwalk and $120 million was saved from its reconstruction.

The additional $25 million for these future plans came from the administration, Queens Borough President Melinda Katz and other public and private sources, according to the city.

Public scoping meetings concerning these projects are expected to be held in spring and summer 2018.

NEW PROJECTS FOR THE ROCKAWAYS

The seven new projects, now awaiting final FEMA approval, plan to:

- Install a raised barrier along the waterfront of **Bayswater Park** to manage stormwater, as well as new sports fields, play areas, a public plaza and access for kayaks.
- Install a raised shoreline around the **Edgemere** neighborhood, including a new bulkhead to manage flooding.
- Create six new recreational facilities along the **Shore Front Parkway,** replacing those destroyed by Sandy.
- Raise the shorelines around **Rockaway Community Park** and restore the native wetlands, which will act as a natural buffer to coastal flooding.
- Create a new **Beach 88th Street Park** with a new seawall and kayak access, and restore wetlands there to mitigate flooding.
- Turn a vacant lot into **Thursby Basin Park,** with sport courts, play equipment, a kayak launch and a seawall and new vegetation to protect against flooding.
- Elevate the **NYC Parks Operations Headquarters for the Rockaways and Broad Channel,** to ensure it can be an effective response center in case of future storms.

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Baby Boomers Benefitting From Knee Arthritis Tr

How Cutting-Edge Treatments and Technology Are Helping Knee Arthritis Sufferers A

New York City - Nothing is more true. A life with constant pain is not a life worth living. And if you can't stay active and do all the things you love - like walking, playing golf, tennis, vacationing etc. It's not really a life at all.

...the Pain Is More Like A Prison

And for generations, knee arthritis has given good, hard working people a life sentence of pain and suffering. To make things worse, slick marketers only add to the pain by promising wonder cures. Late night television and your mail box are filled with "wonder arthritis cures" that make wild claims and sound too good to be true . . . ***Because They Are***

Nothing is worse than getting your hopes up - spending your hard earned money - only to be let down time after time.

It is easy to give up...

But while marketers were peddling "wonder cures," real doctors and researchers were hard at work trying to discover a real medical solution. Modern medicine eradicated small pox and polio. Through laser eye surgery, doctors can give almost blind people perfect 20/20 vision. The potential cures on the horizon with breakthroughs like stem cell and regenerative therapies are endless.

Solve The Riddle Of Arthritis Pain?

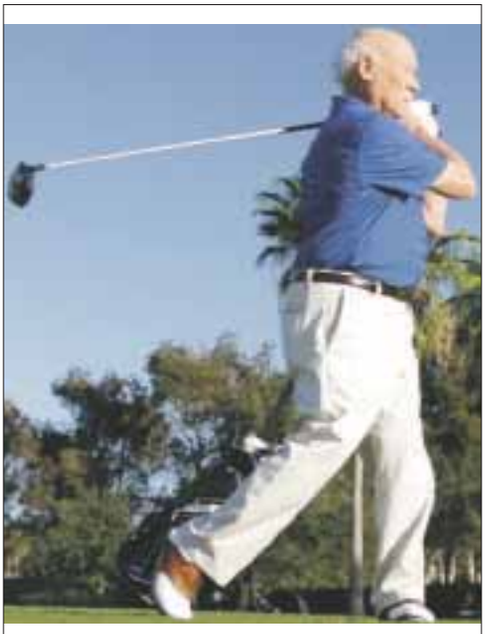
For the past 3 years, that's exactly what a medical clinic in New York City has been doing. The ***NYC Pain MD*** doctors have been able to help thousands of knee arthritis sufferers with cutting-edge treatments and technology older generations could only dream about. One of these treatments in particular has helped thousands of patents ease or eliminate pain and go back to doing their favorite activities like: walking, playing golf, tennis and many more. The treatment is called viscosupplementation. *But wait.* This is NOT the typical viscosupplementation. So if you are one of the many knee arthritis sufferers who already had viscosupplementation and did not get great results - what you are about to discover should be very important. to you in particular. It might even get you out of pain.

Here is why: During viscosupplementation, a special lubricating gel is put directly into your arthritic knee joint. This not only helps the knee joint to glide more smoothly, it acts as a cushion, protects the joint. and relieves a lot of pain. This is often referred to as "joint oil." In many cases, when done properly, this can dramatically lessen knee pain for up to 6 months and much longer in many cases.

And even better - if this treatment works for you the first time - it can be safely repeated when necessary and the results are often better for some.

Like Threading A Needle?

The key to this treatment being successful is actually getting the special lubricating gel directly into the joint where it can go to work. That's why the doctors at ***NYC Pain MD*** use very advanced digital imaging that allows them to see directly into the joint and make sure the lubricating gel "hits the spot" and the treatment has the best odds for success. Studies show that doctors doing these types of procedures without this special imaging actually miss the joint space up to one third of the time!



"I've had trouble with my knee walking. I'm a golfer and want to play golf but I couldn't. I made the call and went and it's the best thing I ever did. It's just – now I can play golf, I can walk, I can climb stairs, I can do things I did many years ago".

"It's the smartest thing ever did" "Since I've been going for the treatment for my knees I don't' take any pills, I take not over the counter medication.."

"This a good alternative to surgery." "I am so glad I went. I'm so confident I feel so good about it and I recommend It to everybody." William La Spina . Golf Enthusiast

(While ***NYC Pain MD*** cannot say all patients will respond like this we can say they are possible. Every patient is individual and results will vary. patient to patient.)

Why Treatment Can Fail

This is why viscosupplmentation can fail for some people. It is also why many knee arthritis sufferers come to ***NYC Pain MD*** after failed treatments elsewhere... and are finally able to get relief. It is not uncommon for patients to travel hours for the advanced treatments given at ***NYC Pain MD***.

Patients Should Be Assured About Prescsion Treatments

ONE BIG MISTAKE we have heard about is to use digital imaging or ultra-sound to mark the knee and then shut off the imagining and then not use it during the treatment procedure.!!! **This means the doctor did not actually see if the lubricating gel went exactly where it was intended.** The only way to know for sure if the procedure was as accurate as possible - and the lubricating gel went precisely into the joint space - is to use the digital imaging **during the entire procedure.** *You can actually see the lubricating gel as it goes where it in needed.* **If you did not actually see it on the digital imaging screen - you do not know for sure if you actually got the proper treatment.**

If you are going to have this treatment, make sure you ask your doctor if special digital imagining is used THROUGHOUT THE ENTIRE PROCEDURE. Not just in the beginning. If you have already had this procedure without this advanced imaging... Or if it was only used in the beginning... There is a good chance you did not get the results you could and should have.

"Clearly, technology is only as good as the doctors using it ... and clearly experience matters"

That's why, if you need heart surgery, you go to a heart surgeon... Not a general practitioner. At ***NYC Pain MD*** you will be seen by doctors who are specially trained in this procedure... Do it every day... and see thousands of patients every year. The latest technology combined with experienced and skilled doctors gets the best results possible.

Who Is This Treatment For?

This treatment is not for everyone. But it is for a lot of people who suffer with knee arthritis. Especially if you would like to avoid total knee replacement surgery and possible lessen or eliminate your pain. This treatment

reatments Their Parents Could Only Dream About

void Knee Replacement Surgery and Stay Active Into Their 50's, 60's, 70s and even 80s

may help you if you have knee pain due to arthritis. It may also help you if you do not have dramatic visible signs of arthritis on x-ray. Studies show that arthritis is present long before it can be seen on x-ray. In fact, the sooner you start this treatment the better. So, if you have knee pain - seeing one of the specially trained medical doctors at ***NYC Pain MD*** could be the answer you are looking for. **<u>This is important</u> - this is especially for you if you have had viscosupplmentation in the past without good results.**

Many patients who did not have good results elsewhere are often able get very favorable results because of the advanced technology and procdure experience at ***NYC Pain MD***. In fact, ome patients have decided to cancel knee surgery and others go back to the active life-style they had before it was stolen by all the pain.

How To Find Out If The Experts At *NYC Pain MD* Can Help You

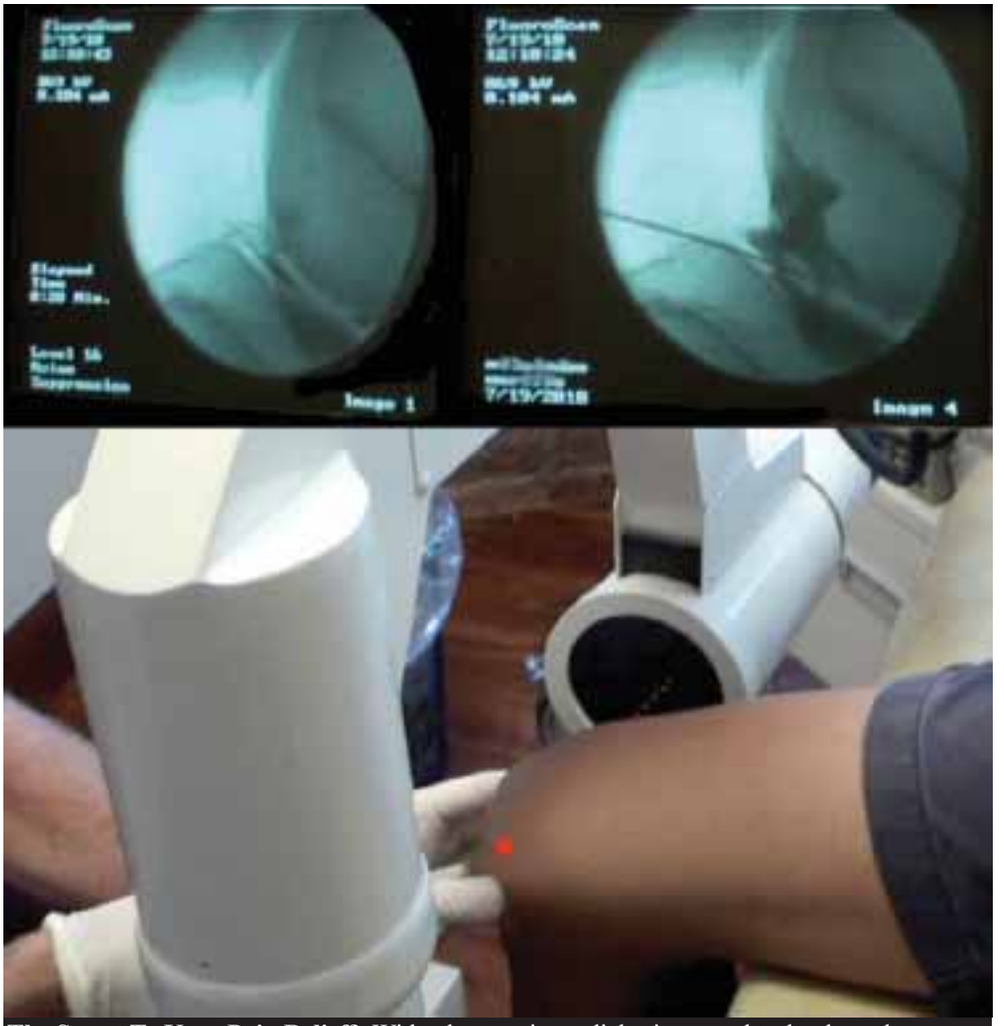
If you have knee arthritis pain and would like to see if this treatment might help you - the experts at ***NYC Pain MD*** offer a complimentary screening appointment.

This screening will help determine if you are a candidate for treatment and also gives you a chance to get your questions answered.

If you are a candidate, you will leave knowing that you found the possible way to lessen or even eliminate your knee pain for 6 months or more.

There is no obligation and if you are not a candidate - the doctor will help you find the best doctors and treatments for your individual case.

To set up a complimentary screening , just call 800-741-5340. But if you want a screening, we recommend calling right now. Due to time limitations, the center can only offer a limited number of screening per month. They decided to limit the number because they believe in giving every patents the individual time they deserve. If you have ever been to a doctors office and been rushed or treated like a number - ***NYC Pain MD*** is different. We would consider this like a "throwback" to the old days of medicine. Before the days when HMO's and insurance companies (and now Obamacare) turned medicine into a business only and made it so difficult to care for patients the best way possible. If you are looking for a state-of-the-art medical clinic with "old school" ethics and values and treats patients like the good 'ole days... then ***NYC Pain MD*** may be just what you've been looking for. Just call 800-741-5340 and secure your no obligation screening before someone else gets your spot. The risk is nothing. The potential is getting your pain-free life back.



The Secret To Knee Pain Relief? With advances in medial science and technology the doctors at ***NYC Pain MD*** have been able to help thousands relieve their pain and get their active lifestyle back.

How To Get A No-Cost Screening & Find Out If This Knee Arthritis Treatment Is For You

The popularity of this treatment is startling. ***NYC Pain MD*** receives hundreds of patients calls weekly… patients looking for options other than surgery that really work. But because this is a real medical treatment - it is not for everyone. That's why the experts have setup an easy screening visit.. This screening will help determine if you are a candidate for additional examination and treatment. This screening is offered at no cost to the patient. All your questions answered and you will find out if this treatment is or you . Zero risk or obligation. Just call **800-741-5340.** Tell them, "I would like the knee screening." They will take care of everything. Due to demand, spots are limited - call immediately to avoid unnecessary waiting. The number to call is: 800-741-5340

The secret to success: T*echnology with Caring Doctors:* *NYC Pain MD combines cutting edge technology with highly trained professional and caring staff to help knee arthritis sufferers.*

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TRICK OR TREAT

TOM FOREMAN
Analysis

CNN's Tom Foreman is the author of the book "My Year of Running Dangerously."

Like a screaming clown leaping out of a dark alley with an ax, the Russia probe came shrieking at the White House to kick off Halloween week. And Team Trump has reason to be afraid.

According to court records, for the first time we now have a person directly tied to the Trump campaign admitting he was communicating with people he believed were tied to the Russians — they were discussing "dirt" on Hillary Clinton — and officials say George Papadopoulos has admitted lying about it to federal agents. In one savage swipe, this revelation from special counsel Robert Mueller has shredded President Trump's repeated assertion that allegations of collusion are nothing but a "hoax" and that the investigation is a "witch hunt."

Of course, the White House is not admitting that. When press secretary Sarah Huckabee Sanders met with the media, she pushed back like a teen camper trying to keep a zombie out of the cabin. She insisted the news "… has nothing to do with the president — nothing to do with the president's campaign …" That is just whistling through the graveyard.

Sure, this news and the indictment of a former campaign manager and his colleague over other matters, which they deny, do not directly implicate President Trump. No one has yet proven he knew about, encouraged or tolerated any illicit contact with the Russians. And for all the glee among Democrats over these latest revelations, unless such a link is established to the Oval Office, Trump could see a blood bath around him — and yet firmly hold onto his position. I've said it before: Unseating a president is remarkably difficult, even if many unseemly or even illegal acts are discovered close to his chair.

But the events we've seen this week do matter, if only because they indicate — after months of curiosity and waiting — the investigation is relentlessly marching forward, and it is producing results. Maybe they are small now, but that's how big things grow in that world. They start as a rattling window, a creaking floor or a thickening in the darkness — then suddenly they are all fangs and howling fury.

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■ My toenails are streaked, discolored and thickened.
■ The sides of my toenails dig into the skin and hurt.
■ I have a large bump behind my big toe (or little toe) which is always red.
■ I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
■ My toes aren't straight– they are all cocked-up, bent and hurt.
■ I have painful calluses on the ball of my foot which keep building up.
■ I have corns on my toes which get thick no matter what shoe size I wear.
■ The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
■ I have cramps in my legs which always happen when I walk the same distance.
■ My ankles are swollen most of the time.
■ My feet are always dry and scaly – sometimes they itch.
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Rick Gates (left) and Paul Manafort (right) have been charged in relation to the Russia probe. GETTY IMAGES

Who are Paul Manafort and Rick Gates?

Trump has denied any collusion between his campaign and Russia.

Paul Manafort, a businessman and longtime Republican Party operative, surrendered on Monday to the Federal Bureau of Investigation to face the first charges produced by a special counsel investigation into alleged Russian meddling in the 2016 U.S. presidential election.

Manafort and his associate Rick Gates were indicted by a federal grand jury. The 12-count indictment included conspiracy against the United States, conspiracy to launder money, being an unregistered agent of a foreign principal, making false and misleading statements and seven counts of failure to file reports of foreign banks and financial accounts.

Both pleaded not guilty to the charges.

Who is Paul Manafort?

Manafort is a veteran Republican operative who has worked as a Washington lobbyist and international political consultant. His former clients include authoritarian leaders such as the late Ferdinand Marcos of the Philippines and Russian and Ukrainian businessmen and politicians. Manafort was a campaign manager for the Trump campaign in the summer of 2016.

Who is Rick Gates?

Rick Gates was Manafort's deputy and business associate. According to two former high-level Trump staffers, Gates essentially functioned as the Trump campaign manager for more than two months, all while not collecting a paycheck.

The indictment said Gates aided Manafort in obtaining money from offshore accounts and that Gates used that money to pay for personal expenses including "his mortgage, children's tuition and interior decorating of his Virginia residence."

What does the indictment charge they did?

The indictment against Manafort and Gates says they both generated tens of millions of dollars of income from Ukraine work and laundered money through scores of U.S. and foreign entities to hide payments from U.S. authorities between 2006 and through at least 2016.

The indictment said they concealed from the United States their work and revenue as agents of Ukrainian political parties. They used their wealth to lead a "lavish lifestyle" without paying taxes on the income, prosecutors said. The indictment says that more than $75 million flowed through Manafort's and Gates' offshore accounts. Manafort, the indictment said, laundered more than $18 million.

What are Manafort's links to Trump?

Manafort joined the Trump presidential campaign in March 2016 and later became campaign manager, but he was forced to resign in August as questions emerged about his previous work for the political party of the Kremlin-backed former Ukrainian president, Viktor Yanukovich.

Business Insider reported that Manafort and Trump have been connected since the 1980s.

How do the charges relate to Trump?

A Trump confidante said: "As it relates to the president, this is nothing. All of the 12 counts of the indictment that came down today, all of it predates their tenure at the campaign."

How significant is Gates' arrest?

The indictment lays out the extent of Gates' involvement with Manafort going back years. That could potentially open the door for Gates to testify against Manafort and others in the future. David Sklansky, a professor at Stanford Law School and former federal prosecutor, said Gates could feel pressure to cooperate and provide testimony against Trump. REUTERS

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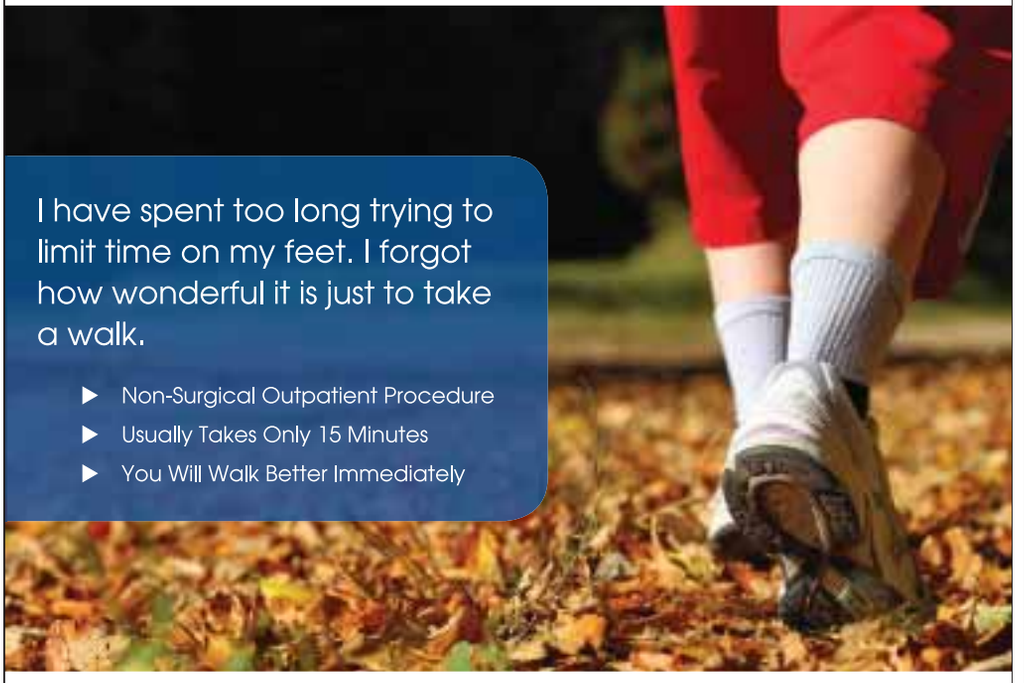

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Now Accepting Health First

If you break your new iPhone X screen, be prepared to spend a lot of cash on repairs

Apple has released the prices to repair screens on the new iPhone X.

LENYON WHITAKER
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The highly anticipated iPhone X is set to set to hit the shelves on Nov. 3 and at just under $1,000 it will be Apple's most expensive phone to date. Aside from the high price people will pay to own the iPhone X, it will also be expensive to have it repaired.

According to Apple, it will cost $279 to repair a broken screen on the iPhone X. For the iPhone 8 Plus and the iPhone 8, screen repairs will run you $169 and $149 respectively. These prices are for devices that Apple considers "out-of-warranty."

If your repairs for your new iPhone fall under Apple's category of "other damage," be prepared to drop some serious cash for repairs. According to Apple, it will cost you $549 to get it fixed. If you damage your iPhone 8 Plus or iPhone 8, you still have to spend $399 or $349.

The price for repairs comes down if you choose to pay for the extended warranty plan AppleCare+, but that means you'll have to spend an additional $199 upfront plus the cost of the phone, making the iPhone X at least $1,200 before taxes and other fees associated with your service provider.

If you accidentally shatter your iPhone X's screen, you will only have to pay $228 if you've purchased AppleCare+ to go along with it. Since the new iPhone X is made with glass on the front and the back, you may want to consider the extended warranty if you know you're prone to dropping it. The cost of repair for the back glass of the iPhone X will run you $298,

According to Apple, the extended warranty will only cover two incidents of accidental damage coverage. If you accidentally damage your phone for the third time, don't expect AppleCare+ to cover any of the costs of your device.

Apple Senior Vice President of Worldwide Marketing Phil Schiller introduces the new iPhone X during an Apple special event at the Steve Jobs Theatre on the Apple Park campus on Sept. 12, 2017, in Cupertino, California. GETTY IMAGES

NYC SUBWAY

Bernie Sanders backs 'millionaires' tax' to fix NYC subway

New York City Mayor Bill de Blasio's fight for a "millionaires' tax" to help repair the country's largest subway system got a boost as U.S. Sen. Bernie Sanders, one of the nation's most popular politicians, endorsed the plan on Monday.

"What the mayor is saying and what we should be doing in Washington is we say to the wealthiest people in this country: 'You know what, you need to start paying your fair share of taxes,'" Sanders said at a news conference with de Blasio at a Manhattan subway station that began a little late after train delays.

An independent senator from Vermont who espouses democratic socialism, Sanders lost the Democratic Party's 2016 presidential nomination to Hillary Clinton but remains an influential voice on the party's left wing and repeatedly tops opinion polls of the country's most well-liked politicians.

De Blasio wants a state tax hike on people making more than $500,000 a year, saying it would generate hundreds of millions of dollars for repairs and upgrades to the century-old subway system.

His plan, to increase the tax rate on an individual's income above $500,000 to 4.41 percent from 3.876 percent, would also fund half-price bus and subway rides for up to 800,000 of the city's poorest residents.

But New York state, not the city, runs the subway through the Metropolitan Transportation Authority. Gov Andrew Cuomo has dismissed de Blasio's plan, saying a tax hike would not get through the Republican-controlled New York Senate. Cuomo has proposed charging drivers a toll to enter parts of Manhattan, but de Blasio has said that would put the burden on the city's poorer outer boroughs. REUTERS

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the word

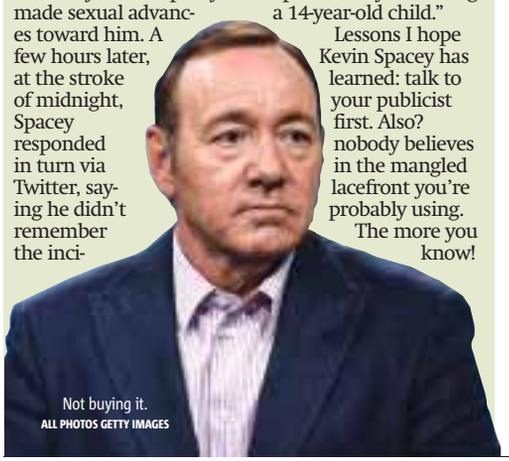
We need to talk about Kevin

Have you heard that Kevin Spacey has come out of the closet? And do you know that it was essentially in response to a sexual-assault allegation? Most likely!

Sunday night, BuzzFeed published a story in which actor Anthony Rapp claimed when he was merely 14, a 26-year-old Spacey made sexual advances toward him. A few hours later, at the stroke of midnight, Spacey responded in turn via Twitter, saying he didn't remember the incident but also? He's gay. Are you sufficiently distracted now?

People on Twitter were clearly not having it. Author and activist Dan Savage perhaps said it best, writing "Nope to Kevin Spacey's statement. There's no amount of drunk or closeted that excuses or explains away assaulting a 14-year-old child."

Lessons I hope Kevin Spacey has learned: talk to your publicist first. Also? nobody believes in the mangled lacefront you're probably using. The more you know!



Not buying it.
ALL PHOTOS GETTY IMAGES

Charlie Heaton is a busy boy

Did you all spend the weekend binge-watching "Stranger Things" and ruining your body with a tub of ice cream? Samesies! But also, a bunch of news came out about Charlie Heaton this weekend, aka Jonathan Byers. The 23-year-old was caught with cocaine at LAX on Saturday. Then, on Monday morning, news came out that my dude is someone's father. Yikes!

The "Stranger Things" star does the most.

"Charlie's career is his priority but he hopes to see more of his son once filming commitments calm down," a source told Page Six. Must be nice to ditch your son for your career, pal!

In the words of Hall and Oates, you two "make-ah my dreams come true."

Are Jenny and Chris back on?

Has Zeus above heard our late-night cries? You know, the ones where we beg over and over for Jenny Slate and Chris Evans to kiss and makeup? Maybe!

Slate and Evans — who dated briefly and only have the kindest things to say about each other — first inspired rumors that they had reunited after some delightful Twitter flirting. Now, Evans has gone to Washington, D.C., maybe only to see Slate perform stand-up. Because he is a supportive friend/maybe boyfriend.

Of course, friends support friends. And friends even flirt with other friends on Twitter. But, usually, friends don't gush to Vulture about their friends (slash ex-boyfriends), saying things like, "Last year was a giant, big year for my heart."

So yes, based on these little tidbits of information we shall continue to hope.

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Adam Conover mansplains Halloween

The "Adam Ruins Everything" star enlightens us on the spooky holiday, Trump and stand-up comedy.

RACHAEL VAUGHAN CLEMMONS
@rachaelclemz
rachael.clemmons@metro.us

Adam ruins... Halloween? TRUTV

In "Adam Ruins Everything," comedian and lapsed academic Adam Conover does, well, exactly that. Perhaps the original purveyor of the "Well, actually," Conover has been working on educating the masses for as long as he can remember. "I have a real love of learning in my life," he says over the phone. "So when I started doing stand-up comedy, I was like, 'How do I get people to pay attention to me?' And I started doing some of that [educational] material as part of my act."

Conover is timely, so that means he's ruining Halloween and all things spooky, too. In a special episode that aired last week, he effectively ruins the cherished holiday — or at least, tries to. Turns out your fear of tampered candy is unfounded and the spooky "War of the Worlds" broadcast was old-timey click-bait. And mediums? They're nothing more than intuitive scam artists. Is ye olde Halloween spirit ruined for you, yet?

We talked to the 34-year-old about his favorite topics to ruin his days as a stand-up comic and not taking on Trump.

What are some of your favorite topics on "Adam Ruins Everything"?

We did a whole episode on climate change that was based on my own worry that all these individual things that we try to do to prevent climate change weren't really going to help. But the expert we had on the show, this guy named Dale Jamieson — who is a climate professor at NYU and a philosopher — was really able to help me come to terms with how to think about climate change. That we always have the ability to make a better world by making a collective effort. That's why the Paris Agreement was so very important. We wrote that before the Trump administration pulled out of it, but the agreement itself seems to be surviving.

GETTY

One of the spookiest, scariest things in the world right now is Trump. Can you "ruin" him?

I mean, we are not a current-events show. The one thing I'll say though, is a lot of people talk about Trump as if he's something brand new in politics, like it's this crazy thing. The fact is, Trump's way of thinking has always been a part of American culture. So if you look at Trump, and you're [thinking] Trump is not normal and we have to get back to what's normal, the reality is he's always been kind of normal. This kind of thing hasn't always been this powerful, but it's always been with us.

It feels like between Trump and climate change, people are very worried about the world as we know it ending, but it seems to be part of a bigger cycle.

Well, I'm never in favor of when people say, "Oh, the world is ending." Because when they say that, they're always throwing up their hands. Even if stuff is going to s—t, in your opinion, you still have a responsibility and an ability to make the world for the future better. There's no point in which you should throw up your hands and say, "Hey, everything is terrible and let's stop trying because the world is ending." In my opinion that's a real cop out and people should knock it off.

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Scary good Halloween parties

Whether you're marching through Greenwich Village or lounging with Dr. Frank-N-Furter, here are the best bashes in the city. **EVA KIS**

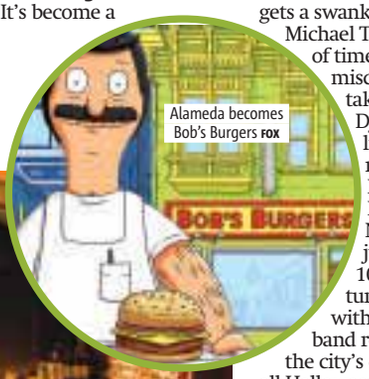
Creatures of the night, come out and play. **GETTY IMAGES**

The party of the last century
One of the year's hottest parties, The Salon: Halloween Stomp, turns the Montauk House in Brooklyn into a 19th-century Venetian Gothic playground of thrills like burlesque performances, a speakeasy, sizzling live music from jazz to swing (with lessons!) and more glamorous fun. Come and lounge among the sexy spirits of the night — they've been waiting two centuries to party with you. Vintage costumes encouraged. *$25-$30, Oct. 31, 7 p.m.-midnight, 25 Eighth Ave., Park Slope, thesalon.biz*

Kick it '90s style
Your Halloween night can be a story all about how your life got flip-turned upside down at Cantina Rooftop's "Fresh Prince of Bel-Air" Party. Dig out your tie-dye socks and cutoff shorts for a night of retro fun on the all-weather rooftop with a one-hour vodka open bar, throwback R&B, hip-hop & dance music by DJ HR Beats. *$20+, 9 p.m.-4 a.m., 605 W. 48th St., facebook.com*

Get spooked in a haunted theater
Before making its grand debut, Nitehawk at Prospect Park is dressing up for an all-ages community party, A Haunted Hawks' Night Out. Get a sneak peek at the newly revamped theater decked out in Halloween finery, plus free candy, snacks and beer from Brooklyn Brewery and themed crafts. *Free, 3-7 p.m., 188 Prospect Park West, eventbrite.com*

Work on your puns at Bob's Burgers
It's become a Halloween tradition for Greenpoint's Alameda bar to transform into the burger joint run by one of our favorite cartoon families. Swing by for specialty burgers that would make pun-loving Bob proud, served by costumed staff and fun events all night. *Free entry, 195 Franklin St., Brooklyn*



Alameda becomes Bob's Burgers **FOX**

Catch a live performance of Rocky Horror at The Django. **PROVIDED**

Rocky Horror Live
A time-honored tradition gets a swanky new venue. Michael T and his band of time-warping miscreants are taking over The Django for a live re-enactment of The Rocky Horror Picture Show. No movie, just a cast of 10 fully costumed singers with a six-piece band rocking one of the city's classiest bars all Halloween night. *$20, Oct. 31, 8 p.m.-1 a.m., 2 Ave. of Americas, eventbrite.com*

Get kinky at Hogwarts
Come out of the dungeons and into the night at Level 3. Dress in your house robes and join your fellow adult Potterheads (only 21+ allowed) at this BDSM-flavored Harry Potter bash featuring St. Andrews crosses and spanking horses. DJs will spin everything from Top 40 to dance and there's a vodka open bar for the first hour. *$20-$650, 9 p.m.-4 a.m., 605 W. 48th St., eventbrite.com*

Meet the freaks of Williamsburg
The William Vale Hotel's rooftop bar Westlight is bringing Coney Island to Brooklyn with a freak show featuring contortionists, burlesque dancing, sword swallowers, magicians and more. Costumes are a must, and so is a sense of wonder. *$80-$320, 7 p.m.-2 a.m., 111 N. 12th St., Williamsburg, thewilliamvale.com*

Official parade afterparty
Whether you paraded through Greenwich Village or your heels weren't made for walking, all are welcome at the official parade afterparty at Slake nightclub. All four floors will be transformed into a haunted mausoleum of "shocking spectacles" and "bone-rattling dance music" from six DJs, with $2,500 at stake for best costume. *$40, 9 p.m., 251 W. 30th St., slakenyc.com*

Scare-tacular good times
If Halloween isn't just about dressing up but becoming a different person for you, get to Pine Box Rock Shop's Scary-oke contest, where matching your song to your costume is the goal. Seasonal beers start at $3. *10 p.m. 12 Grattan St., Bushwick, pineboxrockshop.com*

A grown-up circus
Foodie freaks can come to Sunday in Brooklyn for hors d'oeuvres by former Atera chef Jaime Young and two drinks (all included in your ticket) while being treated to live music and sideshow acts including torch jugglers, snake dancers and acrobats, plus Tarot and face-painting. *Costumes required, $50, 8 p.m.-midnight, 348 Wythe Ave., resy.com*

Strike up the band
Brooklyn's newest live music venue is getting an auspicious opener. Head to Elsewhere in Bushwick, whose three-in-one music/art venues will transform into a "crazy multi-room maze of stages, cafes, galleries and more ... come party like your mortal soul depends on it." *$40, 599 Johnson Ave., Bushwick, elsewherebrooklyn.com*

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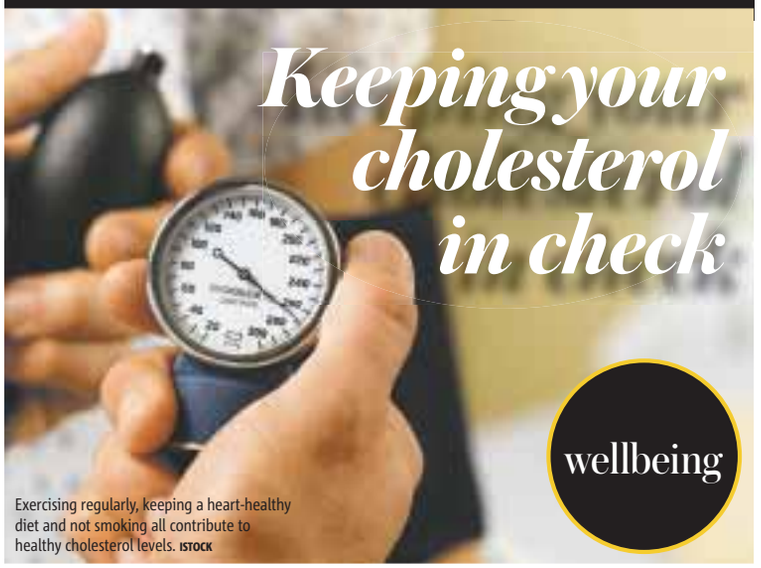
Keeping your cholesterol in check



wellbeing

Exercising regularly, keeping a heart-healthy diet and not smoking all contribute to healthy cholesterol levels. ISTOCK

Mount Sinai

ASK MOUNT SINAI

Cholesterol is one of those medical issues on which headlines can be contradictory and confusing. To get the facts, we talked to Dr. Ramesh M. Gowda, director of endovascular services and associate director of interventional cardiology at Mount Sinai Beth Israel.

What is the difference between good and bad cholesterol?
HDL is "good" cholesterol and LDL is "bad" cholesterol. LDL cholesterol gets clogged up in arteries and leads to heart attacks or strokes. HDL cholesterol brings LDL cholesterol away from the arteries and back to the liver, where it can be broken down and excreted. Thus, HDL cholesterol protects against heart attacks and strokes.

What are the risk factors?
High cholesterol is tied to an unhealthy lifestyle, an unhealthy diet, smoking and not exercising regularly. In some people, genetics play a role.

How is high cholesterol best managed?
Lifestyle modifications and use of cholesterol-lowering medications, including eating a diet healthy for your heart, regular exercise, quitting smoking and in patients that are overweight or obese, losing weight.

When should people start getting their cholesterol checked?
The American Heart Association recommends all adults age 20 or older have their cholesterol checked every four to six years.

What food should people who are watching their cholesterol avoid?
Saturated fat and trans fat. Foods that contain saturated fat include animal products — beef, lamb, pork, poultry with skin, butter, cream, cheese and other dairy made from whole or 2 percent milk. Also, coconut, coconut oil, palm oil and palm kernel oil (often called tropical oils) contain saturated fat. Trans fat is [found] in baked or fried foods like pastries. SHEILA DOUGHERTY

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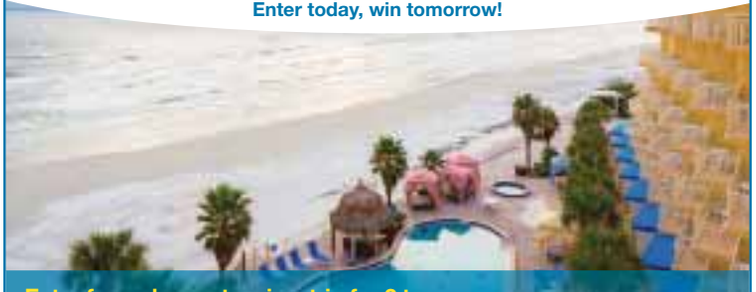

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Dr. Jordan D. Metzl, sports-medicine doctor and avid marathoner, shares his tips for proper training and injury prevention.

KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

Increasing your mileage gradually over several months of training can help reduce your chance of getting injured. ISTOCK

So you want to run a marathon

Dr. Jordan D. Metzl believes every able-bodied person is capable of running a marathon in their lifetime. It all comes down to proper training and injury prevention.

When we spoke with the sports-medicine physician, he said roughly half of his patients at the Hospital for Special Surgery in Lenox Hill were runners coming in with stress fractures, "runner's knee," shin splits and more common injuries they'd developed while hitting the pavement ahead of the New York City Marathon.

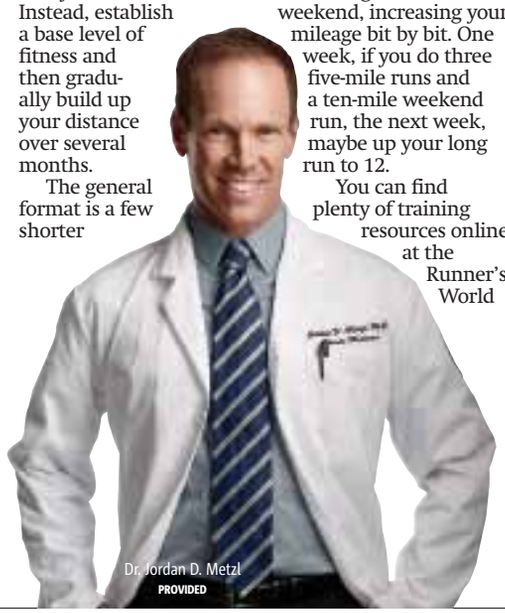
A week out from the race, held this Sunday, Nov. 5, we caught up with the sports doctor and avid marathoner (he has 34 under his belt) to get his tips on training, injury prevention, and last minute prep ahead of the big race.

Follow a balanced training program

Metzl says one of the keys to healthy marathon prep is following "a good balanced training program over a period of four to five months." A common cause of injury, he says, is logging too many miles too soon. Instead, establish a base level of fitness and then gradually build up your distance over several months.

The general format is a few shorter runs during the week, and a longer run on the weekend, increasing your mileage bit by bit. One week, if you do three five-mile runs and a ten-mile weekend run, the next week, maybe up your long run to 12.

You can find plenty of training resources online at the Runner's World or New York City Road Runners websites.



Dr. Jordan D. Metzl PROVIDED

Finding a running partner or joining a running club — NYCRR has listings of local running groups — can keep you motivated and accountable. "Exercise compliance and enjoyment increases the more that you're with somebody else," Metzl says.

Incorporate strength training

Balancing out your running with cross training is essential, says the author of "Dr. Jordan Metzl's Running Strong." Strengthening your muscles with plyometrics — body-weight training exercises such as jump squats and burpees — can reduce your risk of getting hurt.

Metzl recommends adding plyometrics about two to three times a week to your regular running schedule. His program, Iron Strength Workout, available on DVD and online, details 20-30 minute strengthening exercises that you can do at home. He also recommends incorporating ten minutes of foam-rolling four or five times a week to help your muscles recover.

If you are experiencing pain, Metzl says the biggest mistake is to push through it and ignore the warning signs. A good way to tell if it's more than just soreness: "If the pain changes the way you move, you gotta get it checked out," he advises. "If your body is telling you to back off, you gotta back off."

Tips for last-minute prep

If you're running the race next week, the most important thing you can do between now and then is get plenty of rest. You should have already begun tapering your mileage a couple weeks back; this week, don't log more than five or six miles total. Nutrition-wise, stay hydrated and load up on healthy carbs.

If you're injured, make an appointment with an orthopedist to assess the severity. Running with a stress fracture could cause long-term damage, while a calf strain or case of shin splints is likely manageable with R.I.C.E. (rest, ice, compression and elevation).

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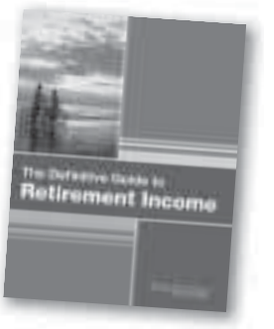
Ken Fisher, Executive Chairman and Co-Chief Investment Officer, is a *USA Today* and *Financial Times* columnist, as well as the author of more than 10 financial books, including 4 *New York Times* bestsellers.



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Meet the future: New York's first-ever eSports franchise

Sterling.VC revealed the branding and roster of the Excelsior, which will compete in the Overwatch League.

JOE PANTORNO
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joseph.pantorno@metro.us

Sterling.VC officially branded and revealed the roster of its New York eSports franchise that will be taking part in the Overwatch League on Monday.

Branded the Excelsior, or NYXL for short, this is the first eSports franchise to ever represent New York City and an inaugural member of the Overwatch League, which will officially start on Jan. 10, 2018.

"We couldn't be more excited," Farzam Kamel, a partner at Sterling.VC said. "We've been building up to this moment for a while and this had been an internal thing for so long.

Now to go and reveal everything to the New York community we just couldn't be more excited.

NYXL is one of 12 inaugural members of the league that also includes teams in Boston, Dallas, Houston, London, Los Angeles (two franchises), Miami, Philadelphia, San Francisco, Seoul and Shanghai.

"'Excelsior' represents the extreme scale and boundless ambition of the city, and the passionate drive of a team committed to reaching the top and never letting up," the team released in an official statement. "Excelsior represents the heroic optimism and positivity of Overwatch, a game that empowers everyone to become a hero. Within Excelsior is the abbreviation XL, which encapsulates New York at its most powerful: the city of more people, more fans, more creativity, more drive, more passion, and more soul."

The roster is made up of eight players, who are some of the best in the world:

Joong "Janus" Hwa
Tank

Dong-gyu "Mano" Kim
Tank

Kim "Mek0" Tae Hong
Off-Tank

Kim "Pine" Do Hyeon Flex

Park "Saebyeolbe" Jong Yeol
DPS

Hong "ArK" Yeon Joon
Support

Bang "JJoNak" Sung-Hyeon
Support

Kim "Libero" Hye Sung
DPS

NYXL director of player development Scott Tester was able to put together a roster that already has some experience playing together, which could be huge in the new league.

"A big part of it is learning each other's tendencies and generating chemistry as a team," Tester said. "I think one of the advantages of the approach that we've taken is that in large part, these players have already done that. Three of our players are competing this weekend at Blizzcon in the Overwatch World Cup."

"The majority of our team comes from one of the top Korean teams that have competed in Apex for a couple of seasons over there," he continued. "They have experience playing together and I think we'll be able to turn that chemistry into success in the Overwatch League.

Sterling.VC, a venture capital fund, may look familiar to many New York sports fans considering it was co-founded by New York Mets owner Jett Wilpon.

"It is an amazing opportunity to have NYXL be part of a brand new professional league and representing the city of New York," Wilpon said. "We've put together a strong team and look forward to competing at the highest level."

There will obviously be challenges introducing a new league and sport to a market that has plenty of competition within its limits. The New York metropolitan area features nine teams across the big four leagues of baseball, hockey, football and basketball, not to mention an additional two MLS franchises.

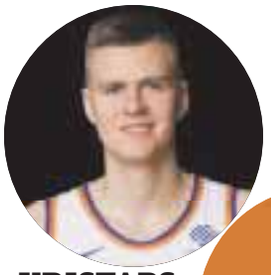
But that's not concerning Kamel.

"We're pretty bullish," he said. "I think that this competition will be looked at a different way. It's an opportunity to tap into that fandom that's been built through decades of sports history through New York, which is an incredibly rich sports history. We have the opportunity to bridge the gap between traditional sports and eSports.

The Overwatch League begins its pre-season on Dec. 6 before the real deal starts up in Los Angeles.

Overwatch League's inaugural cities

Halloween costume ideas for New York's biggest sports stars



KRISTAPS PORZINGIS *(NEW YORK KNICKS PF)* → A UNICORN

New York Knicks power forward Kristaps Porzingis is a freak of nature.

I mean that in the best way possible.

At 7-foot-3, he can play anywhere on the floor while scoring from under the basket or behind the three-point line.

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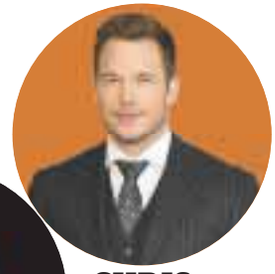

RICK NASH *(NEW YORK RANGERS C)* → CHRIS PRATT

Rick Nash recently played in his 1,000th-career NHL game as he continues to build upon an All-Star résumé that could land him in the Hall of Fame.

But if you're walking down 8th Ave. near Madison Square Garden, you might mistaken Nash for actor Chris Pratt, best known for his roles on "Parks and Recreation" and "Guardians of the Galaxy."

ODELL BECKHAM JR. *(NEW YORK GIANTS WR)* → POPEYE THE SAILOR MAN

New York Giants fans and Odell Beckham are experiencing a nightmare season. While the team struggles, Beckham continues to recover from a season-ending ankle injury.

Knowing his love for boats after last year's controversy prior to the NFC wild-card game, it's only fitting the receiver dresses up as one of the most iconic sailors ever.

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HIV RESEARCH STUDY

We understand HIV can be a roller coaster and it is difficult to stay on HIV medications and go to medical appointments. The Heart to Heart 2 Program addresses these issues **without judgment or pressure.** We get it.

We are looking for people who are **struggling with HIV medications and HIV care** for a research project conducted by the NYU Meyers College of Nursing.

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Approved by the NYU School of Medicine
IRB #s 15-01480 PI: Marya Gwadz, PhD

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NYSPI IRB Approved

Free Treatment for individuals ages 55-95 with Alzheimer's disease who have symptoms of Agitation or Aggression

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A caregiver needs to be involved during the research study period

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The study is conducted at New York State Psychiatric Institute/Columbia University Medical Center and is funded by the National Institute of Health.

Columbia University Medical Center

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CHEAR Center is conducting a research study for volunteer with high blood pressure

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NOTICE IS HEREBY GIVEN that a license, Number 1305929, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 347 1st Ave., New York, NY 10010, for on premises consumption. Proong Noodle Bar Inc.

NOTICE IS HEREBY GIVEN that a license, Serial # 1305866, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 58 East 1st St., New York, NY 10003. New York County, for on premise consumption. 58 East 1st LLC.

NOTICE IS HEREBY GIVEN that a license, Serial # 1305262, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 1792 Amsterdam Ave., New York, NY 10031. New York County, for on premises consumption. Chamo's Arepas Bar Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1305933, for Eating Place Beer has been applied for by the undersigned to sell Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 19 Eldridge St., New York, NY 10002, for on premises consumption. My Noodle Station Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1305952, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 226 Thompson St., New York, NY 10012, for on premises consumption. KJ Natural Inc.

NOTICE OF FORMATION of Aset Zechariah LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 11/10/2016. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 340 East 18th Street, Apt. 4F, New York, NY 10003. Purpose: a multi-disciplinary behavioral health counseling service that offers wellness, mental health, recovery and healing services to the community focusing on Youth, People of Color, LGBTQ and Women and Men.

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NOTICE IS HEREBY GIVEN that a license, Number 1304431, for Restaurant Wine has been applied for by the undersigned to sell Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 156 7th Ave., Brooklyn, NY 11215, for on premise consumption. M Studio's & Café Corp. d/b/a Market Table By Café M.

NOTICE IS HEREBY GIVEN that a license Number 1305423, for On Premises Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 20-07 127th Street, College Point, NY 11356, for on-premises consumption. Tong Le Di Inc.

NOTICE IS HEREBY GIVEN that a license Number 1305290, for On Premises Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 189-11 Northern Blvd., Flushing, NY 11358, for on-premises consumption. Sweet Sap Inc.

NOTICE OF FORMATION of Baristola Management LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 07/28/2017. Office location: Queens County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 124-16 15th Ave., College Point, NY 11356. Purpose: any lawful activity.

NOTICE IS HEREBY GIVEN that a license Number 1305582, for On Premises Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 91-28 Corona Ave., Elmhurst, NY 11373, for on-premises consumption. Corona Diner Inc.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 517 West 38th St., New York, NY 10018. New York County, for on-premises consumption. Legacy Records NYC LLC d/b/a TBD

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COUNTY OF QUEENS
DEUTSCHE BANK
NATIONAL TRUST COMPANY,
AS TRUSTEE FOR FIRST FRANKLIN
MORTGAGE LOAN TRUST
2006-FF16, ASSET-BACKED
CERTIFICATES, SERIES 2006-FF16,
Plaintiff - Against - MITCHELLE
SNAGG, MARY SYLVESTER STARKE,
ET AL., Defendant(s). Pursuant to a
Judgment of Foreclosure and Sale,
DULY entered on 03/24/2017, I
the undersigned Referee, will sell
at public auction, at the Queens
County Supreme Court, 88-11
Sutphin Boulevard, Jamaica, NY in
Courtroom #25 on 12/1/2017 at
10:00am, premises known as
115-49 227TH St., Cambria
Heights, NY 11411, and described
as follows: ALL that certain plot,
piece or parcel of land, with the
buildings and improvements
thereon erected, situate lying
and being in the 4th Ward of the
Borough and County of Queens,
City and State of New York and
designated on the tax maps of the
Queens County Treasurer as Block
11291 and Lot 11. The approximate
amount of the current Judgment
lien is $463,405.95 plus interest
and costs. The premises will be
sold subject to provisions of the
aforesaid Judgment of Foreclosure
and Sale;
Index No. 709076/2014.
Donna Furey, Esq. Referee
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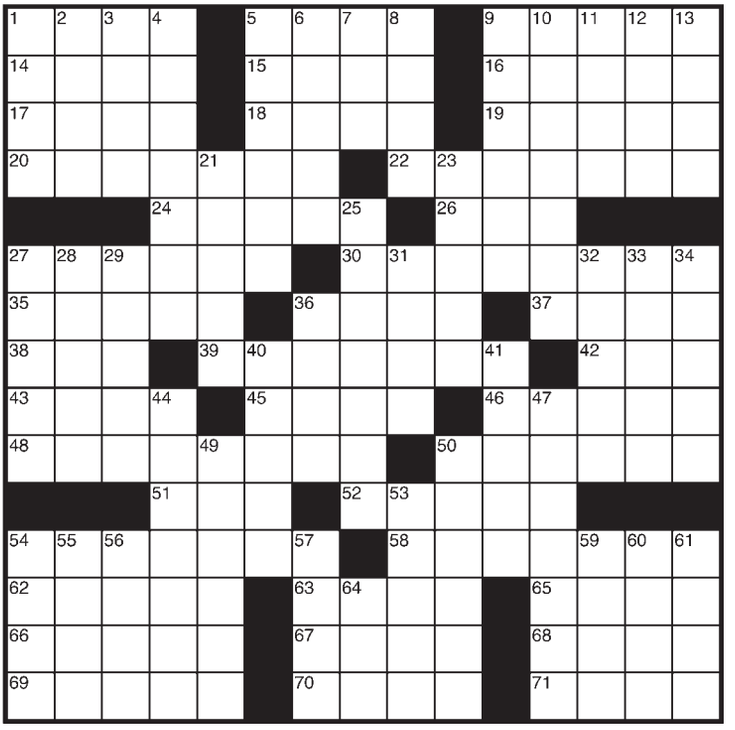
Across

1 Joy Adamson lioness
5 Tender cutlets
9 Marsh stalker
14 Night crawler
15 Arm bone
16 Kiri Te Kanawa, e.g.
17 Is, to Pedro
18 Back muscles
19 Lying facedown
20 Adjust the tires
22 Intellectual
24 Mark
26 Onassis nickname
27 Fix
30 Estimated the value of
35 Quark homes
36 Very dry, as champagne
37 Drone's home
38 New pet, maybe
39 Prickly evergreens
42 Actress -- Thompson
43 Notion
45 Milk, to Yves
46 Sharp spine
48 Tell about
50 Partakes of a sumptuous dinner
51 Not mil.
52 More unusual
54 Apple pastry
58 Watch carefully (hyph.)
62 Not those
63 Beside oneself
65 Monsieur's pate
66 Gene Autry movie
67 Longish skirt
68 Skip over
69 Wharves
70 Like good cheddar
71 Galileo's hometown

Down

1 Water pitcher
2 Leave far behind
3 Tijuana Ms.
4 Dental filling
5 Lacking in refinement
6 Large African antelope
7 Emmet
8 Have durability
9 Dominion
10 Parsley or lemon slice
11 Black bird
12 Flying piscivore
13 Stratum
21 Kind of potato
23 Swiftness of motion
25 Previous
27 Lightning-quick
28 Chopin piece
29 Vatican figures
31 Exec, slangily
32 Places to store grain
33 Turn inside out
34 Koontz and Martin
36 Spill the beans
40 Relish tray item
41 Guide
44 Prosecutor
47 Auto style
49 Cabbie's fares
50 Below zero
53 Nest
54 Organ valve
55 Siamese, now
56 Nerve network
57 Dalai --
59 Half, in combos
60 Redding or Skinner
61 -- -- move on!
64 Band's booking



metro.us/sudoku

easy

			1		2	6		5
3		8			6			2
			4	8		3		
2	6							
	8	1		5		4	3	
							9	7
		3		6	4			
5			3			8		4
1		6	8		9			

hard

			5		4	3		9
				1		2	5	
	4				2			
		5		8	7		3	2
2				5				1
4	8		1	2		9		
			7				2	
	2	4		9				
3		6	2		5			

metro.us/horoscopes

Aries Money will come from an unexpected source. Accept the rules and be prepared to take advantage of a chance to join forces with someone you respect.

Taurus You'll be given privileged information that will help you make critical decisions regarding your relationships. Consider all the angles before signing an agreement.

Gemini Expect someone to try to limit what you can do. Be prepared to fight back with intelligence and enthusiasm. A positive attitude will be difficult to say no to.

Cancer Ask for a raise or revise your resume and send it out to companies you'd like to work for. Market what you have to offer. Enjoy time with friends, family and children.

Leo Take a closer look at yourself and what you have to offer, as well as what you are up against. If you want something, be willing to put in the work.

Virgo Express your feelings and find out where you stand. Honesty will help you find out how you fit in to situations and the best way to move forward. Rely on your intuition.

Libra Getting along with the people you must deal with regularly will make a difference to the outcome of something you are trying to accomplish. Embrace new methods.

Scorpio Approach whatever job you take on with imagination. Learn as you go and don't worry so much about sticking to a format. Uniqueness will give you a competitive edge.

Sagittarius Be willing to meet someone halfway. If you are stubborn, you will end up making little progress. A change of attitude will result in positive feedback.

Capricorn Choose to use your skills in new ways. A conversation you have with someone you feel emotionally drawn to will spark an idea that will help you diversify.

Aquarius Do your best to bring about a positive change geared toward helping you save money, put a settlement or legal concern to rest or improve your daily heath routine.

Pisces A money matter can be resolved if you discuss your concerns. Your thoughts and suggestions will help you gain respect and your just reward. EUGENIA LAST

Yesterday's answers

P	I	C	A		Y	E	L	P		D	E	R	B	Y
O	R	A	L		E	R	A	S		A	G	O	R	A
R	E	S	T	R	A	I	N	T		K	O	D	A	K
E	N	E		U	S	E	D		M	O	I	S	T	
D	E	S	E	R	T		S	T	A	T	S			
			G	A	S	H		E	N	A	M	E	L	
M	O	R	A	L		O	G	L	E	S		K	E	A
A	R	I	D		V	A	U	L	T		B	E	A	N
C	B	S		V	E	R	N	E		P	E	S	K	Y
	S	K	E	I	N	S		R	O	A	N			
			G	L	U	E	D		U	T	T	E	R	S
	E	A	G	L	E		A	S	T	I		D	O	C
O	M	N	I	A		C	R	O	C	O	D	I	L	E
A	M	O	N	G		H	E	I	R		A	T	E	N
R	A	N	G	E		I	D	L	Y		P	S	S	T

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